

00109

**CERTIFICATE IN ADOLESCENT  
HEALTH AND COUNSELLING  
(CAHC)**

**Term-End Examination**

**June, 2015**

**CNS-AH-001 : FUNDAMENTAL OF  
ADOLESCENCE**

*Time : 3 hours*

*Maximum Marks : 70*

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**Note :** (i) *Attempt all questions.*

(ii) *Support your answers with examples.*

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1. (a) Discuss about adolescents as a "Special Group". 7+8=15  
(b) Describe the characteristics of adolescence.
  
2. (a) Describe the characteristics of establishing value system amongst adolescents. 3+12=15  
(b) Explain the role of family, school and peer in establishing values in adolescents.
  
3. Explain the role of teachers and parents in the following : 3x5=15
  - (a) Orienting boys and girls about sexual changes.
  - (b) Describing male and female reproductive organs to adolescents.
  - (c) Explaining girls about their primary and secondary sexual changes.

4. (a) Define the term sexuality. **3+12=15**  
(b) Discuss the myths and misconceptions related to Gender and adolescent sexuality.
5. Write short notes on **any two** of the following : **5x2=10**  
(a) Masculinity and Feminity  
(b) Various kinds of abuses experienced by women  
(c) Cognitive changes amongst adolescence.
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