

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2015

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY APPLICATIONS AND
INTERVENTIONS**

Time : 3 hours

Maximum Marks : 100

Note : (i) *Answer five questions in all.*

(ii) *Question No.1 is compulsory.*

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1. Explain **any four** of the following in about **150** words each : **4x5=20**
 - (a) Triangular relationships
 - (b) Play therapy
 - (c) Cohabitation
 - (d) Polygamous family
 - (e) Coronary heart disease
 - (f) Brittle doll
 - (g) Domestic violence

 2. Discuss concerns /response of children and adolescents towards disaster. What are the factors which promote their recovery from trauma ? Describe crisis intervention. **20**

 3. Discuss with help of examples mental health problems of older people. **20**

4. Describe family assessment in the context of HIV/AIDS patient /family in detail. What are the unique family counselling issues specific to HIV/AIDS patient /family that need to be considered during counselling ? 20
 5. With help of a case illustration, discuss assessment of substance user who comes to you for counselling support ? 20
 6. How would you identify emotional and behavioural problems among children and adolescents ? Discuss the family based intervention which can be advised to the parents / caregivers of these children ? 20
 7. Outline the clinical features that can help in identification of mental retardation. Discuss the management of mental retardation among children. 20
 8. Distinguish between marital conflict in younger couples and older couples. Explain with help of examples. Discuss why do certain marriages not dissolve despite severe discord ? 20
 9. Explain **any two** of the following : 10x2=20
 - (a) Effect of heterosexism
 - (b) Meaning of the phrase, "He is in the closet".
 - (c) Building satisfying intimate relationships
 - (d) Sexual orientation
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