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MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY /
POST GRADUATE DIPLOMA IN
COUNSELLING AND FAMILY THERAPY
Term-End Examination

June, 2015

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all.

Question No. 1 is compulsory.

1. Define **any ten** of the following in 2-3 sentences each : 10x2=20
 - (a) Nosology
 - (b) Mental health
 - (c) Operant stress
 - (d) Anxiety
 - (e) Delirium
 - (f) Mental retardation
 - (g) Gender identity disorders
 - (h) Delusion
 - (i) Encopresis
 - (j) Psychoactive substance
 - (k) Body image
 - (l) Life Skills Education (LSE)

2. How would you define stress ? Outline any one model of stress. Describe the different types of stress with the help of examples. 20

3. Discuss the impact of any one chronic physical illness on mental health of the patient. Give examples to support your answer. **20**
4. (a) Differentiate between delusion and hallucination. Give relevant examples **10**
 (b) Discuss the types of treatment available for schizophrenia. **10**
5. (a) Explain five important terms which are used to describe the phenomenon of substance use, with relevant examples. **5x3=15**
 (b) List five common substances used in our society. **5**
6. (a) Discuss the factors contributing to the development of personality disorders. **10**
 (b) Describe the assessment of personality and personality disorders. **10**
7. (a) Differentiate between normal grief and abnormal grief. **5**
 (b) Outline the processes one goes through when confronted with bereavement. **10**
 (c) Discuss how is grief different from depression. **5**
8. Define disability according to the human rights perspective. With the help of examples, differentiate between impairment, disability and handicap. Discuss the causes of disability. **20**
9. Explain the different types of hearing loss. Discuss the interventions for hearing impairment. **20**