

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

01056 Term-End Examination

June, 2015

BPCE-013 : MOTIVATION AND EMOTION

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

*Note : Answer any two of the following questions in
about 500 words each. 2×10=20*

1. Define Motivation. Explain the drive theory of motivation. 3+7=10
2. What are emotions ? Discuss Schachter-Singer's theory of emotion. 3+7=10
3. Describe the concepts of curiosity and exploration. Discuss their biological and cognitive components. 5+5=10
4. Describe the opponent-process theory of emotions. 10

SECTION B

Note : Answer any **four** of the following questions in about 300 words each : $4 \times 6 = 24$

5. Explain Maslow's hierarchy of needs theory. 6
6. Write in detail about the physiology of emotions. 6
7. Differentiate between emotional intelligence and emotional competency. 6
8. Explain the various types of motivation. 6
9. What is stress ? Explain the different treatment techniques for reducing stress. $2+4=6$

SECTION C

*Note : Write short notes on any **two** of the following
in about 100 words each : 2×3=6*

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| 10. General Adaptation Syndrome | 3 |
| 11. Yerkes-Dodson Law | 3 |
| 12. McClelland's Theory of Needs | 3 |
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