

No. of Printed Pages :2

MPC-051

**Post Graduate Diploma in Mental Health
(PGDMH)**

Term-End Examination

June, 2024

**MPC-051 : FUNDAMENTALS OF MENTAL
HEALTH**

Time : 3 Hours

Maximum Marks : 100

Note : All sections are compulsory.

Section-A

Note : Attempt any two of the following questions in about
600 words each : $2 \times 20 = 40$

1. Discuss the constructs of mental health as described by vaillant (2003). 20
2. Explain theories of classical and operant conditioning. 10
3. Discuss the meaning, modes, physiological aspects, measurement and impact of conation. Describe the phases of conative style and related issues.

P. T. O.

Section-B

Note : Answer any five of the following questions in about
250 words each : $5 \times 10 = 50$

4. Explain the concept of mind in Ayurveda. 10
5. Discuss the Maslow's theory of humanistic psychology. 10
6. Describe the criteria and measurement of abnormality. 10
7. Discuss the Piaget's theory of cognitive development. 10
8. Explain the role of family in mental illness. 10
9. Elucidate the cultural context of understanding mental illness. 10

Section-C

Note : Write short notes on any two of the following in
about **100 words** each : $2 \times 5 = 10$

10. Functional concept of manas. 5
11. Karen Horney's theory. 5
12. Social Influence. 5
