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M. A. (PSYCHOLOGY) (MAPC)

Term-End Examination

June, 2024

MPCE-022 : ASSESSMENT IN COUNSELLING AND GUIDANCE

Time: 2 Hours Maximum Marks: 50

Note: All Sections are compulsory.

Section—A

Note: Answer any **two** of the following questions in about **450** words each. 2×10=20

- Explain the meaning and purpose of psychological assessment.
- 2. Explain the pre-requisites for assessment. 10
- 3. Define interview. Describe the characteristics of the interview.

4. Describe the characteristics of an effective counsellor.

Section—B

Note: Answer any four of the following questions
in about 250 words each.

4×6=24

- 5. Differentiate between psychological assessmentand psychological testing.6
- 6. Describe the five types of mindsets and the respective strategies to deal with client to improve the relationship between client and counsellor.
- 7. Describe mental status examination used to obtain information about client's level of functioning.6
- 8. Discuss the Alfred Adler neo-Freudian psychodynamic therapy. 6
- Explain the ABC model of Rational-Emotive therapy.

Section—C

Note: Write short notes on any two of the following	
questions in about 100 words each.	2×3=6
10. Empathy	3
11. Personality test	3
12. Need for guidance at micro level	3