

No. of Printed Pages : 3

**MPCE-021**

**M. A. (PSYCHOLOGY) (MAPC)**

**Term-End Examination**

**June, 2024**

**MPCE-021 : COUNSELLING PSYCHOLOGY**

*Time : 2 Hours*

*Maximum Marks : 50*

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**Note :** *The question paper has three Sections.*

*Attempt the questions as instructed in each*

*Section.*

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**Section—A**

**Note :** *Answer any **two** of the following questions in about **450** words each.  $2 \times 10 = 20$*

1. Differentiate counselling from guidance and psychotherapy. Describe the characteristics of a counsellor. 5+5

**P. T. O.**

2. Discuss the person-centered approach to counselling. 10
3. Explain the basic approaches, steps and techniques in art therapy. 10
4. Discuss the need and scope of educational and vocational counselling. 10

### Section—B

*Note : Answer any four of the following questions in about 250 words each. 4×6=24*

5. Describe the signs and symptoms of depression. 6
6. Explain the criteria for gender identity disorder. 6
7. Explain the process of counselling. 6
8. Discuss the view of human nature, role of counsellor and techniques in reality therapy. 6
9. Describe the steps involved in systematic desensitisation. 6

[ 3 ]

**Section—C**

*Note : Write short notes on any **two** of the following  
in about **100** words each. 2×3=6*

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|-----------------------------------|---|
| 10. Counselling for child abuse   | 3 |
| 11. Self Psychology               | 3 |
| 12. Symptoms of anxiety disorders | 3 |