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BPCE-017

**BACHELOR'S DEGREE PROGRAMME
(BDP / BA)**

Term-End Examination

June, 2024

**BPCE-017 : INTRODUCTION TO
COUNSELLING PSYCHOLOGY**

Time : 2 Hours

Maximum Marks : 50

Note :- All Section are compulsory.

SECTION-A

Note :- Answer any *two* of the following questions in
about **450** words each. $2 \times 10 = 20$

1. Explain the HIV counselling process with a focus on pre-test and post-test counselling. 10
2. Discuss the various approaches to couple counselling. 10

P.T.O.

3. Explain the counselling interview process and highlight the skills necessary for effective counselling interview. 10
4. Describe the individual counselling process for students with Attention Deficit Hyperactivity Disorder (ADHD) and gifted students. 5+5

SECTION-B

Note :- Answer any *four* of the following questions in
about **250** words each. $4 \times 6 = 24$

5. Explain the cognitive theory of counselling. 6
6. Explain the non-verbal and verbal communication skills in counselling. 6
7. Describe the role of a counsellor in case of a traumatic situation in school. 6
8. Describe the ethical aspects of counselling. 6
9. Define guidance. Describe the objectives and scope of student counselling. 2+4

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SECTION-C

Note :- Write short notes on any *two* of the following questions in about **100** words each. $2 \times 3 = 6$

10. Superego. 3
11. Unconditional positive regard. 3
12. Meaning of gestalt therapy. 3
