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**CNSAH-002**

**CERTIFICATE IN ADOLESCENT  
HEALTH AND COUNSELLING (CAHC)**

**Term-End Examination**

**June, 2024**

**CNSAH-002 : ISSUES AND CHALLENGES DURING  
ADOLESCENCE**

*Time : 3 Hours*

*Maximum Marks : 70*

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**Note :** Attempt **all** questions. Support your answer with example. Words limit as per marks as follow :

*9-12 marks : 1000 words*

*6-8 marks : 700 words*

*5 marks : 500 words*

*3-4 marks : 200 words*

*2 marks : 50 words*

*1 mark : 20-30 words*

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**P. T. O.**

1. Discuss the myths and misconception related to nutrition for the following among adolescents :

$$5+5+5=15$$

- (i) Related to gender
  - (ii) Related to dieting
  - (iii) Related to steroids
2. (a) Explain the meaning of peer influence.
- (b) List the qualities of a good peer leader.
- (c) Describe the ways parents can help the adolescent to deal with peer pressure.

$$2+3+5=10$$

3. Discuss the role of teacher in prevention of :

- (a) Unsafe abortion among adolescent girls
  - (b) Prevention of violence during adolescence
  - (c) Early marriage of adolescents  $5+5+5=15$
4. (a) Discuss the need for communicative with adolescents.
- (b) Describe the skilled for teachers/parents as effective communicator.  $6+9=15$

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5. Write short notes on any *three* of the following : 3×5=15

- (a) Role of teacher and family in management of conduct disorders
- (b) Importance of counselling the adolescents regarding HIV/AIDS
- (c) Laws to deal with Juvenile Delinquency
- (d) Problem solving skill
- (e) Role of a teacher in prevention of substance abuse