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MCFTE–003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2024

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : *Question No. 1 is compulsory. Answer any two questions from question nos. 2 to 5 in about 500 words each.*

1. Write short notes on any *four* of the following in about **150** words each : 4×5=20
- (a) High risk sexual behaviour and HIV
 - (b) Substance abuse in women
 - (c) Significance of psycho-education
 - (d) Role of psycho-social interventions in treatment of Alcohol use
 - (e) Treatment resistance
 - (f) Multidimensional family therapy

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2. Discuss biopsychosocial issues associated with substance abuse in families. Support your answer with examples. 15
3. Analyse the factors that influence the risk for development of substance use disorders in adolescents. 15
4. Why is relapse prevention intervention needed ? Describe the major components of RPT. 15
5. How would you define tobacco dependence ? Explain the 5 As approach in behavioural counselling for tobacco cessation. 15