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MCFT-002

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**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY (MSCCFT/PGDCFT)**

Term-End Examination

June, 2024

**MCFT-002 : MENTAL HEALTH AND
DISORDERS**

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any *five* questions in about **600** words each. All questions carry equal marks.

1. Define 'Normality' and explain any *two* models of normality. Discuss the term positive mental health in your words. 20
2. What are the common endocrine diseases associated with psychiatric disorders ? Discuss. 20

3. (a) Differentiate between normal and abnormal grief. 10
(b) With the help of an example, discuss supportive therapy for a person coping with grief. 10
4. Describe the role of early childhood experiences and family environment in the development of personality disorders. 20
5. What do you understand by mania and depression ? Discuss the management strategies of mood disorders. 20
6. Describe consequences of substance use on the individual and the family. 20
7. (a) Differentiate between disability and handicap with the help of examples. 10
(b) How will you create a disabled friendly society ? Illustrate with the help of examples. 10
8. (a) What are the precautions a pregnant woman can take to avoid disability in her child ? 10

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(b) Discuss problems faced by the person with locomotor disability. 10

9. Define the following in 2-3 lines : $2 \times 10 = 20$

(i) Deaf blindness

(ii) Heredity

(iii) Psychosis

(iv) Mixed episode

(v) Psycho education

(vi) HIV

(vii) IDU

(viii) ECT

(ix) Delirium

(x) Pica
