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MCFT-001

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2024

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 Hours

Maximum Marks : 100

Note : Answer any *five* questions in about **600** words each. All questions carry equal marks.

1. Discuss the influence of globalisation, media, technology and migration of family dynamics. Support your answer with suitable examples. 20
2. What are the assumptions of bio-ecological theory ? Discuss concepts and empirical applications of bio-ecological theory. 20

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3. From the family therapy perspective, discuss the importance of understanding the family life cycle stages. Discuss family life cycle stages briefly. 20
4. Discuss the changing face of family in India. What are the common decisions taken by a family to start a family in the child bearing stage of family. 20
5. (a) Discuss Indian views on human life span. 10
(b) What is the significance of studying human development in the field of counselling and family therapy ? Discuss. 10
6. Define 'Teratogens'. Discuss the role of teratogens during the prenatal period. List eight teratogens which effect prenatal development. 20
7. Describe Alfred Adler's theory of individual psychology. 20

8. “Extended social relationships are important to develop self-concept and a sense of belonging in children”. Discuss this statement in the light of middle school children. 20
9. “At times grandchild and grand parent, especially during adolescence, develop a special kind of relationship”. Do you agree with this statement ? Discuss this statement from the context of your region/area. 20
