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MPCE-023

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

**Term-End Examination
June, 2023**

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any two of the following questions in
about 450 words each. 2×10=20*

1. Describe the symptoms and causes of Attention Deficit Hyperactivity Disorder (ADHD). Explain the techniques for helping children with ADHD. 10
2. Explain the terms group guidance, group counselling and group therapy. Describe the characteristics of group and types of groups in counselling. 3+7

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3. Describe the self instructional technique and self management technique under cognitive behaviour modification. 5+5
4. Explain the techniques of behaviour modification. 10

Section—B

Note : Answer any **four** of the following questions
in about **250** words each. 4×6=24

5. Explain the advantages and disadvantages of eclectic counselling. 6
6. Explain the PLISSIT model of counselling for helping with sexual difficulties. 6
7. Explain the meaning of solution focused counselling and highlight its potentials and limitations. 3+3
8. Describe the application of counselling in clinical setting. 6
9. Explain e-counselling and highlight its benefits and challenges. 6

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Section—C

***Note :**Write short notes on any **two** of the following
in about **100** words each. 2×3=6*

10. Causes of ASD
11. Meaning of existential therapy
12. Definition of eclecticism