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MPCE-021

**MASTER OF ARTS IN PSYCHOLOGY
(MAPC)**

Term-End Examination

June, 2023

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section–A

Note : *Answer any **two** of the following questions in about **450** words each.*

1. Explain a 'Vulnerable child' and the contributing factors to it. Describe the ways and techniques to provide counselling for child abuse. 5+5

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2. Discuss the theory and techniques of drama therapy and its implications for counselling. 10
3. Explain the ABC model of Cognitive Behaviour Therapy (CBT) and discuss the techniques used in CBT. 4+6
4. Explain cluster C personality disorders. Discuss the treatment of personality disorders in general. 6+4

Section–B

Note : Answer any **four** of the following questions in about **250** words each.

5. Discuss the importance of termination and follow up in counselling. 6
6. Explain ego-defense mechanisms with examples. 6
7. Explain the role of a counsellor in transactional analysis and highlight its techniques. 6
8. Describe the symptoms and modes of transmission of HIV/AIDS. 6

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9. Explain children's rights and differentiate it from child protection. 6

Section–C

***Note :** Write short notes on any **two** of the following in about **100** words each.*

10. Counselling *vs.* Psychotherapy. 3
11. Transference and Counter-transference. 3
12. Binge eating *vs.* Bulimia nervosa. 3