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BPCE-013

**BACHELOR'S DEGREE PROGRAMME
(BDP)**

(B. A. PSYCHOLOGY)

Term-End Examination

June, 2023

BPCE-013 : MOTIVATION AND EMOTION

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

*Note : Answer any **two** of the following questions in about **450** words each. 2×10=20*

1. What is Emotion ? Explain the elements, characteristics and theories of emotion. 3+7
2. Elaborate upon the need theories of motivation.
3. Discuss the attribution theory of motivation.
4. Discuss the various types and symptoms of anxiety.

Section—B

*Note : Answer any **four** of the following questions in about **250** words each. 4×6=24*

5. Explain various issues related to curiosity.

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6. Explain the General Adaptation Syndrome.
7. Explain altering life style as a method to sustain motivation.
8. Describe the social theories of emotion.
9. Explain various ways of managing emotions.

Section—C

Note : Write short notes on any **two** of the following
in about **100** words each. 2×3=6

10. Factors affecting motivation.
11. Methods to increase intrinsic motivation.
12. Marten's multidimensional anxiety theory.