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**MME-004**

**POST GRADUATE DIPLOMA IN  
GERIATRIC MEDICINE (PGDGM)**

**Term-End Examination**

**June, 2023**

**MME-004 : BASIC GERIATRICS**

*Time : 3 Hours*

*Maximum Marks : 70*

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**Note :** (i) *All questions are compulsory.*

(ii) *Question nos. 1 to 3 are to be answered within 1000 words.*

(iii) *Each short note of question no. 4 is to be answered within 300 words.*

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1. Enumerate psychological theories of aging. What are the personality changes in old age ? Describe psychosocial issues in old age.

3+3+9=15

2. Write briefly on OASIS. Describe the privileges and benefits for the elderly in India. 4+11=15

3. Define health education. What are its objectives ? Write briefly on the process of health education. Discuss barriers in health education. 2+3+5+5=15

**P. T. O.**

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4. Write short notes on the following :  $5 \times 5 = 25$

- (a) Manifestations of demographic transition
- (b) Biological changes in cardiovascular system in aging
- (c) Rules in formulating diet for elderly individuals
- (d) Self-help devices for the elderly
- (e) Options for caring of elderly