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MCFTE-003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2023

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

***Note** : Question No. 1 is compulsory. Answer **three** questions in all. Question Nos. 2 to 5 are to be answered in about **450** words each.*

1. Answer any *one* of the following questions in about **600** words : 20

Define psychosocial rehabilitation. Describe the significance of life style change for treatment of substance use disorder.

Or

With the help of examples, discuss family issues in substance abuse from a bio-psychosocial perspective.

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2. Discuss how would you promote harm reduction among HIV substance users. 15
3. What are the risks and protective factors among adolescents of your region seeking substance use ? 15
4. Discuss strategies for tobacco cessation. 15
5. How would you define stigma associated with substance use ? Discuss what strategy would you use to help such patient. 15