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MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)
Term-End Examination
June, 2023**

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : *Attempt any **five** questions in about
600 words each. All questions carry equal
marks.*

1. Describe the factors which would promote adjustment of individuals. Give examples to support your answer. 20
2. Discuss personal determinants of prosocial behaviour. Give appropriate examples. 20

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3. Describe the effect of culture and gender on self. Give culture based examples to support your answer. 20
4. Describe any *five* strategies to promote well-being. Give examples to support your answer. 20
5. How does work spillover affect spousal and parent-child relationships ? Discuss. 20
6. How are the processes of family cohesion, adaptation and resilience inter-related ? Discuss with the help of examples. 20
7. Differentiate between gender and sex. Discuss Indian perspective on sexuality. 20
8. What is the importance of love and commitment in intimate relationships ? Support your answer with relevant examples. 20

[3]

9. Write short notes in about **150** words each, on any **four** of the following : 5×4=20

- (i) Chronic conflicts
- (ii) Bisexual
- (iii) Role modification
- (iv) Cognitive restructuring
- (v) Relaxation exercises
- (vi) Depression