

No. of Printed Pages : 3

MCFT-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2023

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 Hours

Maximum Marks : 100

Note : *Attempt any five questions in about 600 words each. All questions carry equal marks.*

1. Define mental health. Explain any *four* models of mental health. 20
2. What are common mental disorders ? Does stigma related to mental illness hamper delivery of mental health services ? Discuss with the help of examples. 20
3. Discuss the causes of psychosis. 20

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4. Analyse the consequences of substance use for the individual and the family. 20
5. Describe the symptoms of obsessive-compulsive disorder. Analyse the benefits of psycho-education. 20
6. Discuss the principles of management of personality disorders with the help of examples. 20
7. Describe the role of counsellor and family therapist in psychosocial rehabilitation of persons with mental illness. 20
8. What is 'Cerebral Palsy' ? Outline the causes and risk factors associated with this condition. Explain the interventions you would recommend to the parents of a young child diagnosed with mild cerebral palsy. 20

[3]

9. Write short notes, in about **150** words each, on any ***four*** of the following : $4 \times 5 = 20$

- (a) Somatoform disorder
- (b) Psychological adaptation to chronic illness
- (c) Symptoms of mania
- (d) Paranoid personality disorder
- (e) Role of assistive devices