

No. of Printed Pages : 3

MCFT-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination

June, 2023

**MCFT-001 : HUMAN DEVELOPMENT AND FAMILY
RELATIONSHIPS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) Answer any **five** questions in about
600 words each.

(ii) All questions carry equal marks.

1. What are the main periods of human life span according to Indian view ? Discuss the major characteristics of human development. 20

P. T. O.

2. What are defense mechanisms ? With the help of examples, discuss any *four* defense mechanisms. 20
3. Discuss any *four* types of alternate forms of family with relevant examples. 20
4. “Roles of the individual change according to the stage of the family.” Discuss this statement by taking any *two* family life cycle stages and giving relevant examples. 20
5. Analyse the changing face of family in India. 20
6. With the help of examples, describe the importance of understanding the family life cycle in the context of counselling and family therapy. 20
7. Describe the physical and cognitive development of elementary and middle school children. 20

[3]

8. Discuss any *five* midlife issues of Indian families. 20
9. Write short notes, in about **150** words each, on any *four* of the following : 4×5=20
- (i) Retirement
 - (ii) Generation gap
 - (iii) Nature versus nurture
 - (iv) Collective unconscious
 - (v) Matrilineal family