

**MASTER OF ARTS (PSYCHOLOGY)  
(MAPC)**

**Term-End Examination**

**June, 2022**

**MPCE-013 : PSYCHOTHERAPEUTIC METHODS**

*Time : 2 hours*

*Maximum Marks : 50*

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**Note : All sections are compulsory.**

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**SECTION A**

*Answer any **two** of the following questions in about  
450 words each :*

*2×10=20*

1. Give an overview of Brief therapies. 10
2. Describe and elucidate the types of insight psychotherapy. 10
3. Discuss cognitive behavioural therapy with children. 10
4. Describe Respondent conditioning and Counter conditioning. 10

## SECTION B

Answer any **four** of the following questions in about  
250 words each :

4×6=24

5. Discuss structural and typographical models of personality according to Freud. 3+3
6. Discuss modifications or adaptations of treatment used in psychotherapy for older adults. 6
7. Discuss psychodynamic play therapy with children. 6
8. Discuss pragmatic eclectic therapies. 6
9. Discuss solution-focused therapy and its application. 6

## SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

*2×3=6*

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|-------------------------------------------|----------|
| <b>10.</b> The Transtheoretical Model     | <b>3</b> |
| <b>11.</b> Weisman's Four Stages of Dying | <b>3</b> |
| <b>12.</b> Approaches to Couples Therapy  | <b>3</b> |
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