

No. of Printed Pages : 3

**MPCE-021**

**MASTER OF ARTS (PSYCHOLOGY)**

**(MAPC)**

**Term-End Examination**

**June, 2022**

**MPCE-021 : COUNSELLING PSYCHOLOGY**

*Time : 2 Hours*

*Maximum Marks : 50*

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**Note :** *All Sections are compulsory.*

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**Section—A**

**Note :** Answer any **two** of the following questions

in about **450** words each.  $2 \times 10 = 20$

1. Explain the process of building a counselling relationship. Highlight the core conditions necessary for successful counselling relationship. 4 + 6

**P. T. O.**

2. Discuss the symptoms and causes of depression. 10
3. Explain the person-centered approach to counselling. 10
4. Explain the meaning and scope of educational counselling at different stages of education. 10

### Section—B

**Note :** Answer any *four* of the following questions  
in about **250** words each.  $4 \times 6 = 24$

5. Explain ego-defense mechanisms. 3 + 3
6. Explain the process of systematic desensitization with a suitable example. 6
7. Explain the basic approaches and steps in art therapy. 2 + 4
8. What is child abuse ? Explain the counselling process involved in child abuse. 2 + 4
9. Explain the causes of eating disorders. 6

[ 3 ]

**Section—C**

**Note :** Write short notes on any *two* of the following  
in about **100** words each.  $2 \times 3 = 6$

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| 10. Concept of counselling and psychotherapy | 3 |
| 11. Free association and dream analysis      | 3 |
| 12. Seasonal affective disorder              | 3 |