

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

June, 2022

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

Note :

- (i) Answer **three** questions in all.
- (ii) Question no. 1 is **compulsory** and answer it in about 600 – 800 words.
- (iii) Answer questions no. 2 – 5 in about 500 – 600 words each.
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1. With the help of examples, discuss family issues in substance abuse from a biopsychosocial perspective. 20

OR

- Discuss substance abuse issues among women and prisoners. 20

OR

- Explain tobacco cessation approach. 20

2. What are the principles of relapse prevention therapy ? Explain cognitive behavioural model of relapse. *15*

 3. Discuss the immediate, short-term and long-term goals in treating a substance use disorder. *15*

 4. What is the relationship of substance use with high risk sexual behaviours ? Discuss with examples. *15*

 5. Describe assessment and interventions in the case of adolescents using substance. *15*
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