

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY (MSCCFT/PGDCFT)**

Term-End Examination

June, 2022

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : Answer any **five** questions in about
600 – 800 words each.

1. Define 'normality' and explain the four models of normality. Discuss the term 'positive mental health' in the present day context. 20
2. Describe the psychiatric disorders which are associated with endocrinal and metabolic diseases. 20

- 3.** Suppose a patient with a cognitive disorder has been brought to you by his family member. Describe the components of mental status examination that you would conduct for this patient. 20
- 4.** Discuss the causes of substance use and dependence in our country. 20
- 5.** Describe the characteristics of generalized anxiety disorder. Discuss the approaches that are effective in managing it. 20
- 6.** Explain the sub-types of depression. In your opinion, discuss what are the important risk factors for depression. 20
- 7.** Analyse the role of the counsellor and family therapist in psychosocial rehabilitation of persons with mental illness. Give examples to support your answer. 20
- 8.** Describe the clinical types of movement disorders in cerebral palsy. Discuss the interventions advised if a child is diagnosed as having cerebral palsy. 20

9. Write short notes on any *four* of the following in about 150 – 200 words each : $4 \times 5 = 20$

- (a) Challenges of Diagnosis and Classification
 - (b) Centres of Excellence in Mental Health
 - (c) Signs and Symptoms of Manic Episode
 - (d) Delusions in Schizophrenia
 - (e) Antisocial Personality Disorder
 - (f) Prosthetics
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