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MCFT-007

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2022

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY : APPLICATIONS AND INTERVENTIONS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) *Answer any **five** questions.*

(ii) *All questions carry equal marks.*

(iii) *Answer 20 marks question in **600-800** words.*

1. Discuss the school difficulties that a child from slum dwelling would face when she/he joins the school.
2. Choose any **one** disability, and outline the significance of counselling and family therapy in the context of a child with this disability.

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3. Explain the following terms in the context of alternate sexual identities :
 - (a) Coming out
 - (b) In the closet
 - (c) Mixed orientation marriages
 - (d) Homosexual orientation
4. Describe the circumstances that pose difficulty for a family therapist in the context of a joint family.
5. What are the causes of self-harm ? Discuss therapist's characteristics which facilitate counselling and family therapy in the context of a patient with history of self-harm.
6. What role can a counsellor/family therapist play in the prevention and treatment of substance use disorders ? Also discuss the role of family in substance use and treatment.
7. Discuss any *two* geriatric problems and explain the role of counsellor/family therapist in helping in these problems.

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8. “Yoga helps to maintain well-being.” Do you agree with this statement ? Substantiate your answer with examples. Describe ‘Surya Namaskar.’
9. Write short notes on any *four* of the following in about **150-200** words each :
- (a) Pedophilia
 - (b) Sexual harassment
 - (c) Leadership as ‘stop-gap’
 - (d) Time phases of illness
 - (e) Extended family
 - (f) Positive reinforcement