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MME-004

**POST GRADUATE DIPLOMA IN
GERIATRIC MEDICINE (PGDGM)**

Term-End Examination

June, 2021

MME-004 : BASIC GERIATRICS

Time : 3 Hours

Maximum Marks : 70

Note : (i) *All questions are compulsory.*

(ii) *Question nos. 1 to 3 are to be answered within 1000 words. Each short note of question no. 4 to be answered within 300 words.*

1. Define the impact of global demographic transition. Identify the different manifestations of this demographic transition. What is the impact on individual and society? 3+5+7=15

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2. Describe the role of team members in medical rehabilitation for elderly. List the different medical rehabilitation interventions and discuss the role of exercise in rehabilitation.

7+3+5=15

3. Discuss the important concepts regarding risk factors in the pathogenesis of disease in elderly. What kinds of interventions are required to modify the risk factors? 8+7=15

4. Write short notes on the following : 5×5=25

- (a) Vaccines for elderly
- (b) Biological changes in GIT in aging
- (c) Diet related degenerative diseases in elderly
- (d) Determinants of active and graceful aging
- (e) Role of Yoga in maintaining health.

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