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**MCFTE-001**

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY (MSCCFT)**

**Term-End Examination**

**June, 2020**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 Hours*

*Maximum Marks : 50*

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*Note : Answer three questions in all. Question No.*

*1 is compulsory.*

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1. What is the focus of emotion focused couples therapy ? Explain the nine steps involved in EFT. 20

P. T. O.

*Or*

Discuss the relationship between research and practice. As a counsellor and family therapist, keeping in view any topic related to marital therapy, outline a research proposal that would help in clinical practice. State the ethics to be considered.

*Or*

Describe some of the assessment skills a counsellor/family therapist should have. Support your answer with examples.

2. With the help of examples, differentiate between the terms—'referral'; 'intake'; 'initial contact' and 'intervention'. 15
3. Discuss the attitudes and characteristics which make a counsellor/family therapist successful.

[ 3 ]

4. Describe cognitive behavioural sex therapy with the help of a case illustration. 15

5. Write short notes on any *three* of the following :

5 each

(a) Empathic conjectures

(b) Sex education

(c) Active listening

(d) Disadvantages of self-report scales

(e) Sensitivity