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MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2020

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : (i) Answer any five questions.

(ii) All questions carry equal marks.

1. Discuss cultural variations in socialization and child rearing practices. Support your answer with examples. 20
2. What are schemas ? Explain types of schemas. Discuss the impact of schemas on social cognition. 20

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3. With the help of examples, outline strategies for better management of emotions to enhance well-being. 20
4. Differentiate between parenting and positive parenting with the help of a case example, explain, how would you as a counsellor and family therapist enhance positive parenting in our Indian context, where multiple parenting caregivers are often evident. 20
5. Describe barriers and challenges to family cohesiveness. Support your answer with examples from your area. 20
6. What are the stages of marital conflict ? Describe the positive approaches that can be used for conflict management. 20
7. What is the distinction between the terms 'gender' and 'sex' ? Discuss the role of sexuality through the life cycle of an individual. 20
8. What do you understand by the term 'sexual orientation' ? Discuss the importance of understanding sexual orientation and gender identity. 20

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9. Write short notes in about *150* words each, on any *four* of the following : $5 \times 4 = 20$

- (a) Autosexuality
- (b) Gay
- (c) Johari Window
- (d) Episodic conflicts
- (e) Depression
- (f) Prosocial behaviour