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**MSW-015**

**MASTER'S DEGREE IN SOCIAL WORK  
(COUNSELLING)**

**Term-End Examination**

**MSW-015 : BASICS OF COUNSELLING**

**Time : 3 Hours]**

**[Maximum Marks : 100**

**Note:** Answer all the five questions. All questions carry equal marks. Answer to question No. 1 and 2 should not exceed 600 words each.

1. Describe ten strategies of supportive therapy. 20

**Or**

Discuss the historical evolution of family therapy in India. 20

2. Explain the meaning of play therapy. Discuss child-centred play therapy in detail. 20

**Or**

Highlight some of the major barriers to listening in counselling. 20

3. Answer any two of the following questions in about 300 words each:

(a) Define counselling. Discuss the need and scope of counselling. 10

- (b) Explain the three approaches to affective counselling. 10
- (c) What are the key aspects in counselling theory and practice? 10
- (d) Discuss the preventive and developmental approaches in counselling. 10
4. Answer any four of the following questions in about 200 words each:
- (a) What are the issues and dilemma faced in training of a counsellor? 5
- (b) Briefly discuss the new trends in counselling. 5
- (c) Enlist the four sources that can influence ethical and legal aspects of counselling. 5
- (d) Name some of the characteristics of thinking errors. 5
- (e) List any of the five roles of a family therapist. 5
- (f) What are some of the common characteristics of professional relationships? 5

5. Write short notes on any five of the following in about 100 words each:

- |                                      |   |
|--------------------------------------|---|
| (a) Ethical counselling              | 4 |
| (b) Legal recognition of counselling | 4 |
| (c) Supportive psychotherapy         | 4 |
| (d) Interviewing                     | 4 |
| (e) Goals of counselling             | 4 |
| (f) The counsellor pre-requisites    | 4 |
| (g) Techniques of counselling        | 4 |
| (h) Skills required for counsellor   | 4 |

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