

No. of Printed Pages : 3

MPC-053

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH
(PGDMH)**

Term-End Examination

June, 2020

MPC-053 : MENTAL HEALTH IN SPECIAL AREAS

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section—A

Note : Answer any *two* of the following questions in
about **600** words each.

1. Discuss the prevalence rate of mental disorders
in women in India and explain the factors that
affect the mental health in women. 10 + 10

P. T. O.

2. Explain self-harm and suicide. Discuss the causes leading to self-harm and suicide. 8 + 2
3. Describe the principles of child and adolescent diagnostic assessment. Discuss the signs, symptoms and management of elimination disorders. 5 + 15
4. Explain the clinical picture of common sexual problems and dysfunctions. 20

Section—B

Note : Answer any *five* of the following questions in about 250 words each.

5. Discuss the management of dementia and other cognitive disorders. 10
6. What is Work-related Stress ? Explain the risk factors for mental health problems at the workplace. 4 + 6

7. Discuss aggression and violence in children and discuss the role of parents in preventing bullying. 6 + 4
8. Discuss the strategies for prevention of mental retardation at the primary, secondary and tertiary level. 10
9. Describe the causes and highlight the health hazards of tobacco use. 4 + 6

Section—C

Note: Write short notes on any *two* of the following in about 100 words each.

10. Asperger's disorder. 5
11. Tourette's syndrome. 5
12. Work addiction. 5