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MPCE-023

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

Term-End Examination

June, 2020

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any two of the following questions in about 450 words each.

1. Define learning disability. Explain the techniques for helping children with learning disability. 4 + 6
2. Discuss the important features and stages of interpersonal counselling. 3 + 7
3. Explain the concept and approaches to integration counselling. Discuss the potentials and limitations of integration counselling. 5 + 5

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4. Critically examine the psychoanalytic approach to counselling. 10

Section—B

Note : Answer any *four* of the following questions in about 250 words each.

5. Explain the symptoms and causal factors in ADHD. 3 + 3
6. Describe the stages of stress inoculation technique. 6
7. Explain the cognitive-behaviour therapy as given by Beck. 6
8. Explain the significance of object relations theory in terms of couple counselling. 6
9. Discuss the concept of fully functioning person. 6

[3]

Section—C

Note : Write short notes on any *two* of the following
in about 100 words each.

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| 10. Differences between Counselling and Psychotherapy. | 3 |
| 11. Solution focused brief therapy. | 3 |
| 12. Psychodrama. | 3 |