

No. of Printed Pages : 3

**MPCE-021**

**MASTER OF ARTS (PSYCHOLOGY)**

**(MAPC)**

**Term-End Examination**

**June, 2020**

**MPCE-021 : COUNSELLING PSYCHOLOGY**

*Time : 2 Hours*

*Maximum Marks : 50*

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*Note : All Sections are compulsory.*

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**Section—A**

**Note :** Answer any *two* of the following questions  
in about 450 words each.

1. Explain the process of therapy in person-centered counselling highlighting the core conditions required for it. Describe the techniques used in person-centered therapy.

5 + 5

P. T. O.

2. Explain the clinical features of cluster B personality disorders. 7 + 3
3. Explain the symptoms and diagnostic criteria of types of eating disorder. Discuss the incidence of eating disorder in India. 10
4. Explain the goals, views of human nature, techniques and role of counsellor according to the existential approach to counselling. 10

### Section—B

**Note :** Answer any *four* of the following questions in about 250 words each.

5. Explain the various techniques used in CBT. 6
6. Explain the ethical principles of counselling. 6
7. Describe the goals and the role of counsellor according to the Gestalt approach to counselling. 6
8. Explain depression in terms of cognitive theories. 6

9. Explain the symptoms and causes of addiction and anxiety. 6

**Section—C**

**Note :** Write short notes on any *two* of the following in about 100 words each.

10. ABC model of CBT. 3
11. Seasonal affective disorder. 3
12. Child Rights vs. Child Protection. 3