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MPCE-013

MASTER OF ARTS (PSYCHOLOGY)
(MAPC)

Term-End Examination

June, 2020

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any *two* of the following questions in about 450 words each.

1. Explain psychodynamic therapy. Elucidate the distinctive features of psychodynamic therapy. 3 + 7
2. Explain the counselling process of client-centered therapy. 10

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3. Discuss psychotherapy for older adults with specific on the modification and adaptations of treatment. 10
4. Explain psychotherapeutic interventions for terminally ill-patients. 10

Section—B

Note : Answer any *four* of the following questions in about 250 words each.

5. Discuss the distinctive features of short-term therapies. 6
6. Define behaviour modification and explain its significant features. 2 + 4
7. Explain the steps and processes in cognitive behaviour therapy. 6
8. Discuss transference in couple therapy. 6
9. Define eclecticism. Discuss the variables responsible for the growth of integrative psychotherapy. 2 + 4

Section—C

Note: Write short notes on any *two* of the following in about 100 words each.

10. Computerised cognitive behaviour therapy. 3
11. Psychodynamic play therapy. 3
12. Advantages of group therapy. 3