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BPCE-017

BACHELOR'S DEGREE PROGRAMME

(BDP)

(B. A.) (PSYCHOLOGY)

Term-End Examination

June, 2020

BPCE-017 : INTRODUCTION TO COUNSELLING

PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section—A

Note : Answer any two of the following questions in about 450 words each.

1. Explain the behavioural theory of counselling.

2. Discuss any *two* theories and elucidate the goals of family counselling. 5+5
3. Discuss the methods of counselling used for children with giftedness and those with physical disabilities. 5+5
4. Describe any *three* approaches to couple counselling. 10

Section—B

Note : Answer any *four* of the following questions in about 250 words each. 6 each

5. Explain transference and counter-transference in the context of counselling relationship.
6. Explain the structure or personality as given by Freud.
7. Explain the core conditions for effective counselling.
8. Discuss the process of counselling adolescents.

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9. Discuss play as a medium in counselling children.

Section—C

Note : Write short notes on any *two* of the following
in about 100 words each. 3 each

10. Confidentiality
11. Free Association
12. Defense Mechanism