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BNS-108

**POST BASIC BACHELOR OF SCIENCE (NURSING)
B.Sc. (N) (PB)**

Term-End Examination, 2019

BNS-108 : MENTAL HEALTH NURSING

Time : 3 Hours]

]Maximum Marks : 70

Note : Attempt **All** questions. Attempt **all parts** of a question at one place.

1. (a) Describe the principles of communication. [5]
- (b) Explain any five therapeutic communication techniques used by a nurse and support it with examples from your clinical experience. [5]
- (c) Discuss about non-therapeutic communication techniques. [5]
2. (a) Define schizophrenia. [2]
- (b) Enlist the signs and symptoms of schizophrenia. [5]

- (c) Plan the nursing care of a patient with paranoid schizophrenia. [8]
3. (a) Describe any five defence mechanisms. [5]
- (b) Enlist the differences between Psychosis & Neurosis. [5]
4. Describe the role of the nurse in **any three** of the following: [5×3=15]
- (a) Management of violent patient
- (b) Administration of anti anxiety drugs
- (c) Management of Post-Traumatic Stress Disorder (PTSD).
- (d) Primary prevention of mental retardation.
5. Write short notes on **any three** of the following : [5×3=15]
- (a) Issues and trends in psychiatric nursing

- (b) Anorexia Nervosa
- (c) Development of Psychiatric Nursing in India
- (d) Narcotic withdrawal syndrome

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