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MCFTE-003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2019

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

*Note : Attempt three questions in all. Question
No. 1 is compulsory.*

1. Write short notes on any *four* of the following in about **150** words each : 4×5=20
- (a) 5 W's
 - (b) 5 R's
 - (c) Social and recreational measures for relapse prevention.
 - (d) High risk sexual behaviour.
 - (e) Barriers to treatment seeking by women with substance abuse.
 - (f) Drug access and supply in prison.

2. Describe the factors associated with substance abuse in adolescents. 15
3. Discuss any *two* harm reduction strategies for prevention of HIV among injecting drug users. 15
4. Put the following situation in an A-B-C format : 15

“Antony has not been getting along well with his wife. They keep on having constant arguments about financial matters. This month when Antony handed over his salary to his wife, she found it was lesser than the last two months salary. She felt he has again started taking drugs. Instead of asking why the salary is less she started shouting and abusing that Antony is taking drugs. Antony without replying left the house and went to his friend’s place where he used to earlier take drugs.

[3]

There, he took drugs and immediately felt a sense of relief and reduction of relief and reduction in tension."

5. How does psychosocial rehabilitation and lifestyle change help in rehabilitation of drug users?

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