

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY (MSCCFT)**

**Term-End Examination**

01314

**June, 2019**

**MCFT-006 : APPLIED SOCIAL PSYCHOLOGY**

*Time : 3 hours*

*Maximum Marks : 100*

**Note :**

*Answer any five questions.*

*All questions carry equal marks.*

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1. Why is it of value to study children across cultures ? Discuss cultural variations in socialization and child rearing practices with the help of relevant examples. 20
  2. What is adjustment ? Discuss various areas of adjustment for an individual. Describe briefly any five characteristics of adjustment. 20

3. Define well-being. What are the different types of well-being ? Describe various aspects of psychological well-being. 20
4. What do you understand by positive parenting in our Indian context ? Discuss a few myths related to positive parenting. 20
5. What is family cohesion ? With the help of examples, describe barriers and challenges to family cohesion among Indian families. 20
6. “Non-verbal communication contributes a lot in conveying messages and meanings.” Do you agree with this statement ? Explain various elements of non-verbal communication. 20
7. Differentiate between sex and gender. Discuss sexual development through the life cycle of an individual. 20
8. Discuss various intimate relationships in our modern Indian society. Describe points of concern in intimate relations. 20

9. Write short notes on any *four* of the following in about 150 words each : 4×5=20

- (a) Singlehood
  - (b) Remarriage
  - (c) Communication Competence
  - (d) Approach – Approach Conflict
  - (e) Functions of Emotions
  - (f) Aggressive Cues
  - (g) Exosystem
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