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MCFT-002

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY/POST GRADUATE DIPLOMA
IN COUNSELLING AND FAMILY THERAPY
(MSCCFT/PGDCFT)**

Term-End Examination, 2019

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 Hours]

[Maximum marks : 100

Note : Answer any five questions. All questions carry equal marks.

1. Suppose you are working with heart patients. Describe the psychiatric disorders that they are likely to suffer.[20]
2. Explain theories of stress with the help of examples, describe the ways in which stress can impact the physical and mental health of an individual. [20]
3. State the clinical features of a common cognitive disorder. Explain the standard non-pharmacological therapies that are recommended to manage it. [20]

4. Describe the characteristic features of psychosis. What are the reasons for poor compliance to treatment in persons with schizophrenia. [20]
5. State the characteristics of Generalized Anxiety Disorder. Discuss any three theories that may be used to explain its causes. [20]
6. Explain "Narcissistic Personality Disorder" and "Dependent Personality Disorder". Discuss the role of marital and family intervention in the management of these disorders. [20]
7. Discuss areas in which you think interventions are needed to make the society more caring and inclusive with respect to persons with disabilities. Give examples to support your answer. [20]
8. State the definition and causes of locomotor disability. Describe the various types of epileptic seizures, and steps that should be taken during the seizures. [20]
9. Write short notes on any four of the following :[5×4=20]
 - (a) Mental health as resilience

- (b) Somatoform disorder
- (c) Abnormal grief
- (d) ADHD
- (e) Types of hearing loss.

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