

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

01455 June, 2019

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION A

*Answer any two of the following questions in about
600 words each :*

2×20=40

1. Elucidate the rights of persons with mental illness. Specify the Indian perspective in this regard. *14+6=20*
2. Discuss the community mental health care model in India. Highlight research models used in India in this regard. *15+5=20*
3. Discuss the concept, aims and phases of Psychotherapy. Highlight the ethical issues in Psychotherapy. *15+5=20*

SECTION B

Answer any **five** of the following questions in about
250 words each :

5×10=50

4. Explain myths and misconceptions about mental illness. Discuss strategies for enhancing awareness and for stigma reduction. 5+5
5. Describe social skill training and vocational rehabilitation of mentally ill persons. 5+5
6. Describe in detail, Rational Emotive Behaviour Therapy (REBT). 10
7. Discuss the significance and ways of anger management including controlling anger through external help. 10
8. Describe the concept of positive mental health and explain how positive mental health can be promoted at community and individual levels. 5+5
9. Explain the importance and process of documentation in mental health. 5+5

SECTION C

*Write short notes on any **two** of the following in about
100 words each :*

2×5=10

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| 10. Mental Health Care Bill, 2011 | 5 |
| 11. Research in Mental Health | 5 |
| 12. Narcotic Drugs and Psychotropic Substances
(NDPS) Act, 1985 | 5 |
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