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MPC-051

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

June, 2019

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 Hours

Maximum Marks : 100

Note : All Sections are compulsory.

Section-A

*Note : Attempt any two of the following questions in
about 600 words each. 2×20=40*

1. Discuss the role of family in mental health. 20
2. Discuss the normal and pathological cognitive functions. 10+10
3. Discuss the concept of mind in Ayurveda.
Elucidate the functional concept of 'Manas'.

10+10

(A-43) P. T. O.

Section-B

Note : Attempt any five of the following questions in about 250 words each.

5×10=50

4. Define Mental Health. Discuss mental health as subjective well being and as resilience. 3+7
5. Discuss the attribution theory relating individual's thinking and behaviour. Explain attribution in clinical setting. 7+3
6. What role do genes play in causing genetic disorders ? How are genes, environment and psychological disorders related ? 5+5
7. Discuss Normal and Pathological conative functions. Relate conative functions to well being. 5+5
8. Discuss the theory of operant conditioning. Explain cognitive therapies. 5+5
9. State the different models of mental health. Discuss in detail, mental health in terms of maturity and "positive or spiritual" emotions.

3+7

[3]

Section-C

*Note : Write short notes on any two of the following
in about 100 words each.*

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|---|---|
| 10. Utilitarian concept of mental health. | 5 |
| 11. Social Influence. | 5 |
| 12. Jung's Archetypes. | 5 |

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1,500

(A-43)