

03895

**MASTER OF ARTS (PSYCHOLOGY) (MAPC)**

**Term-End Examination**

**June, 2019**

**MPCE-023 : INTERVENTIONS IN COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

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*Note : All sections are compulsory.*

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**SECTION - A**

Answer **any two** of the following questions in  
about **450** words each : **2x10=20**

1. Explain Freud's theory of personality and its significance for counselling. **10**
  
2. Describe Autism Spectrum Disorder (ASD). **4+6**  
Discuss the techniques for helping children with ASD.
  
3. Discuss application of Cognitive Therapies in counselling in different settings. **10**
  
4. Determining the characteristics of the group, explain values of group counselling. **10**

## SECTION - B

Answer **any four** of the following questions in  
about **250** words each : **4x6=24**

5. Describe the meaning and definition of Brief Therapy. Discuss the factors that influenced the development of brief therapies. **2+4**
6. Discuss the Development of counselling and guidance centres in India. **6**
7. Define outcome studies. Delineate the types of outcome studies. **2+4**
8. Explain stress inoculation technique. **6**
9. Discuss the various techniques of family therapy. **6**

## SECTION - C

Write short notes on **any two** of the following in  
about **100** words each : **2x3=6**

10. T-groups. **3**
  11. Short-term Counselling. **3**
  12. National Council of Educational Research and Training. **3**
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