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BPCE-013

**BACHELOR'S DEGREE PROGRAMME
(BDP)**

B. A. (PSYCHOLOGY)

Term-End Examination

June, 2019

BPCE-013 : MOTIVATION AND EMOTION

Time : 2 Hours

Maximum Marks : 50

Note : All Sections are compulsory.

Section-A

*Note : Answer any two of the following in about
450 words each.*

2×10=20

1. Differentiate between emotions and feelings. 10

(A-53) P. T. O.

2. Define intrinsic motivation. Discuss the differentiate factors influencing intrinsic motivation. 2+8
3. Describe the basic and derivative emotions. 10
4. Elucidate the treatment and prevention of stress and anxiety. 10

Section-B

Note : Answer any four of the following in about 250 words each. 4×6=24

5. Discuss the concept and types of emotional competency. 6
6. Explain the Opponent-Process and Lazarus's cognitive theories of emotion. 6
7. Discuss the Hull's Drive theory of motivation. 6
8. Discuss the concept of General Adaptation Syndrome (GAS). 6
9. Suggest various ways of altering life style to sustain motivation. 6

[3]

Section-C

Note : Write short notes on any two of the following
in about 100 words each. 2×3=6

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|---|---|
| 10. Kinds of curiosity. | 3 |
| 11. Factors affecting motivation. | 3 |
| 12. Difference between emotions and feelings. | 3 |