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**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**June, 2018**

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING  
AND FAMILY THERAPY**

*Time : 2 hours*

*Maximum Marks : 50*

- Note :*
- (i) *Answer three questions in all.*
  - (ii) *Question No. 1 is compulsory.*

1. Write short notes on **any four** of the following : **5x4=20**
- (a) Relapse prevention
  - (b) Treatment resistance
  - (c) Social Correctional Approach to treatment of substance use
  - (d) Tobacco dependence
  - (e) Stigma associated with substance use
  - (f) Prisoners and drug use
2. "Substance abuse is a family problem rather than an individual level problem". Do you agree with this statement ? Give reasons and examples to substantiate your answer. **15**
3. Discuss the influence of substance use in the vulnerability of the individual to engage in high risk sexual behaviours, and to HIV. **15**

4. Discuss the concept and strategies of "harm reduction" in the context of substance use. 15
5. (a) What is "Motivation Enhancement Therapy" (MET) ? 5
- (b) Discuss the principles of MET. 10
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