

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2018

**MCFTE-002 : CHILD AND ADOLESCENT
COUNSELLING AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

Note : (i) *Answer three questions in all.*

(ii) *Question No. 1 is compulsory.*

1. Write short notes, in about 150 words each on any four of the following : 4x5=20
- (a) Adopted child and mental health disorders
 - (b) Any one projective test used with children
 - (c) Faulty coping styles in children and adolescents
 - (d) Building self confidence in children
 - (e) Individualised parent counselling
 - (f) Physical abuse in children and adolescents
2. Suppose a child has survived an earthquake in which he lost a few members of his family and also some friends. As a counsellor and family therapist, describe any three treatment types that you would follow for managing trauma in the child. 15

3. Discuss how cognitive and behavioural interventions can help in management of psychiatric disorders among children and adolescents. 15

 4. Critically discuss the role of a counsellor and family therapist in rehabilitation of a child who is a war victim. 15

 5. "Children should watch television and play games on internet under parental supervision." Do you agree with this statement? Justify your answer with the help of relevant examples. 15
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