

00645

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY**

**Term-End Examination**

**June, 2018**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : (i) Answer three questions in all.*

*(ii) Question No. 1 is compulsory.*

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1. Discuss the conceptual skills that are necessary for family assessment. 20

**OR**

State the importance of accessing and reformulating emotions in EFT. Explain any two techniques that a marital/family therapist may use for getting the partners to engage with emotions.

**OR**

Describe common areas of marital difficulties of old age Indian couples. As a marital and family counsellor and therapist, how would you help such a couple ?

2. (a) What is the importance of circular questioning ? 5  
(b) Explain the various types of circular questions. 10

3. Explain cognitive behaviour therapy in premature ejaculation. 15
4. "During family or marital sessions, at times it becomes necessary to have individual session(s) with certain members." Do you agree with this statement? Give reasons and examples to substantiate your answer. 15
5. Write short notes on **any three** of the following : 3x5=15
- (a) Neutrality in interviewing
  - (b) Characteristics of a good self report scale
  - (c) Systemic foundations of EFT
  - (d) Precautions in sex therapy
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