

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

00175

Term-End Examination

June, 2018

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY APPLICATIONS AND
INTERVENTIONS**

Time : 3 hours

Maximum Marks : 100

Note : (i) Answer any five questions.

(ii) All questions carry equal marks.

1. With the help of examples, discuss **any four** of the following concepts in family therapy : **4x5=20**
 - (a) The Identified Patient
 - (b) Homeostasis
 - (c) The extended family
 - (d) Differentiation
 - (e) Triangular relationships

2. (a) With the help of examples explain how school difficulties can be assessed. **10**
(b) State five strategies each, that you would suggest to the parents, and to the child facing school difficulties, for the management of the same. **10**

3. With the help of a case illustration, discuss issues :
 - (a) In assessment of post divorce relationships. **10**
 - (b) In intervention with post divorce relationships. **10**

4. (a) How does joint family influence the personal domain of individual members ? 10
(b) Outline the problems faced by family therapist/counsellor in the context of a joint family. 10
5. Discuss the challenges faced by the family of a child with chronic illness. Give examples to support your answer. 20
6. Describe assessment of substance use disorders. Give examples to support your answer. 20
7. (a) Discuss the circumstances under which crisis counselling may need to be given to children and adolescents. 10
(b) Analyse the elements of crisis intervention. 10
8. Describe the guidelines for providing psychosocial support to adult survivors of disasters, provide a case illustration. 20
9. Write short notes on **any four** of the following : 5x4=20
(a) Play therapy
(b) Heterosexism
(c) Caregiver burden
(d) Medical trauma
(e) Goals of treatment of substance use disorders
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