

**MASTER'S DEGREE IN SOCIAL WORK
(COUNSELLING)**

Term-End Examination

June, 2018

MSW-015 : BASICS OF COUNSELLING

Time : 3 hours

Maximum Marks : 100

Note : (i) *Answer all the five questions.*

(ii) *All questions carry equal marks.*

(iii) *Answers to question no. 1 and 2 should not exceed 600 words each.*

1. What are the four stages of counselling proposed by Anthony Yeo ? 20

OR

Explain the current trends in counselling. 20

2. Describe Supportive Therapy ? Explain the basic strategies of supportive therapy. 20

OR

Write a note on the specifications in play therapy with relevant examples. 20

3. Answer any two of the following in about 300 words each :

(a) What is the need and Scope of Counselling ? 10

(b) Write a short note on Supervision in Counselling. 10

(c) What are the principles of practice ? Explain. 10

(d) Discuss briefly the Preparatory and Exploratory stage of Counselling. 10

4. Answer **any four** of the following questions in about **200** words each :
- (a) List the skills required for a good counsellor. Explain any two. 5
 - (b) What are the goals of counselling ? 5
 - (c) Discuss the strategies for maintaining ethical standards in counselling. 5
 - (d) In your own words write down what do you understand by 'Negligence' ? 5
 - (e) Discuss the role and functions of a family therapist. 5
 - (f) List the various aspects of play therapy with children. 5
5. Write short notes on **any five** of the following in about **100** words each :
- (a) Difference between counselling and psychotherapy 4
 - (b) Leadership 4
 - (c) Dimensions of confidentiality 4
 - (d) Qualities of a good counsellor 4
 - (e) Civil and criminal liability 4
 - (f) Rational Emotive Therapy 4
 - (g) Focussed Play Therapy 4
 - (h) Observation 4
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