

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

00255

June, 2018

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION A

*Answer any two of the following questions in about
600 words each :*

2×20=40

1. Explain the different structures of the brain.
Discuss the disorders related to the damage of
any part of the structure. 20
2. Discuss the types and functions of
neurotransmitters. Relate these to major
depressive disorders. 20
3. Define Conation. Discussing the phases of
conative style, and its functions, indicate in
detail how these are related to psychopathology. 20

SECTION B

Answer any **five** of the following questions in about
250 words each :

5×10=50

4. Explain the stages of psychosexual development and defense mechanisms with examples. Relate repression and reaction formation to explain two mental disorders. 5+5

5. Discuss Abnormality in terms of the criteria of Normality. Elucidate the various causative factors leading to abnormality. 3+7

6. Discuss Piaget's theory of cognitive development and indicate how it is used in explaining childhood behaviour disorders. 5+5

7. Explain the role of cultural context in understanding mental illness. Discuss two mental disorders that could be explained in terms of cultural factors. 4+6

8. Discuss the constituents of mind comparing Eastern and Western concepts. Explain how these could be used in diagnosis and treatment of mental disorders. 10

9. Explain anxiety disorders in terms of Karen Horney's concepts of basic anxiety, self theory and neurotic needs. 5+5

SECTION C

*Write short notes on any **two** of the following in about
100 words each :*

2×5=10

10. Systematic Desensitization **5**

11. DSM IV TR **5**

12. Social Perception and Mental Health **5**
