

02335

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

Term-End Examination

June, 2018

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450** words each : **2x10=20**

1. Explain the phases of counselling process. **10**

2. Discuss play as a therapeutic technique for children. **10**

3. Describe the nature of people according to the cognitive theory of counselling. Describe the various cognitive therapy techniques. **4+6**

4. Discuss Bowen's intergenerational approach to family counselling. **10**

SECTION - B

Answer **any four** of the following questions in about **250** words each : **4x6=24**

5. Describe the various barriers to communication in counselling. 6
6. Differentiate between direct approach and indirect approach to counselling. 6
7. Explain the various defense mechanisms. 6
8. Differentiate between transference and counter transference. 6
9. Discuss the issues related to counselling of children in the school setting and clinical setting. 6

SECTION - C

Write short notes on **any two** of the following in about **100** words each. **2x3=6**

10. Rapport establishment 3
 11. Structure of mind according to Freud 3
 12. Assertiveness training 3
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