

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2017

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

- Note :** (i) *Answer three questions in all.*
(ii) *Question no. 1 is compulsory.*

1. Write short notes on **any four** of the following in about **150** words each : **4x5=20**
 - (a) Management of craving.
 - (b) Means of promotion of safe sexual practices.
 - (c) Social skill training for adolescent drug abusers.
 - (d) Network therapy.
 - (e) Principles of RPT.
 - (f) Barriers to treatment seeking among substance users.

2. As a counsellor and family therapist describe the psychosocial rehabilitation that you would carry out with a 12th class student seeking help for substance uses. **15**

3. Describe any three family therapy approaches that you as a counsellor and family therapist would use with your client who is alcoholic. **15**

4. "Substance abuse is a family problem." Critically discuss this statement. Substantiate your answer with the help of examples. 15
 5. What is harm reduction ? Describe what strategies can be implemented to prevent HIV among substance users. 15
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